

PDL Long-Term Overview 2026-27

Cherbourg Primary School

No Outsiders

PSHE

RSE

My Happy Mind

Additional for Cherbourg

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	<p>You choose – Nick Sharratt and Pippa Goodheart.</p> <p>Meet your brain</p> <p>My Happy Body 1</p>	<p>Red rockets and rainbow jelly – Sue Heap and Nick Sharatt.</p> <p>Places Celebrate</p> <p>My Happy Body 2</p>	<p>Hello hello – Brendan Wenzel.</p> <p>Appreciate</p> <p>My Happy Relationships 1</p>	<p>Blue chameleon – Emily Gravett.</p> <p>Relate</p> <p>My Happy Relationships 2</p>	<p>The family book – Todd Parr.</p> <p>Engage</p> <p>My Happy World 1</p>	<p>Super duper you – Sophie Henn.</p> <p>My Happy World 2</p> <p>RSE</p>
1	<p>Elmer – David McKee.</p> <p>Meet your brain</p>	<p>I love me – Marvyn Harrison and Diane Ewen.</p> <p>Places Celebrate</p> <p>Showing respect and managing hurtful behaviour</p>	<p>Going to the volcano – Andy Stanton.</p> <p>Appreciate</p> <p>Healthy Lifestyles</p> <p>Pantosaurus</p>	<p>Errol's garden – Gillian Hibbs.</p> <p>Relate</p> <p>Families and positive close relationships</p> <p>Body parts (taught through Science)</p>	<p>The boy who loved everyone – Jane Porter and Maisie Paradise Shearring.</p> <p>Engage</p> <p>Shared responsibilities Communities Ourselves, growing and changing</p>	<p>Bathe the cat – Alice B McGinty and David Roberts.</p> <p>Ourselves, growing and changing - transition</p> <p>Privacy</p>
2	<p>Can I join your club? – John Kelly and Steph Laberis.</p> <p>Meet your brain</p> <p>Places</p>	<p>Splash – Claire Cashmore.</p> <p>Places Celebrate</p> <p>N.S.P.C.C. Pants</p>	<p>Amazing – Steve Antony.</p> <p>Appreciate</p> <p>Keeping Safe</p> <p>Media literacy and digital resilience</p>	<p>How to be a lion – Ed Vere.</p> <p>Relate Friendships</p> <p>Body parts</p>	<p>Is that your mama? – Patrice Lawrence and Diane Ewan.</p> <p>Engage</p> <p>Safe relationships</p> <p>Economic wellbeing</p>	<p>The perfect fit – Naomi Jones and James Jones.</p> <p>Economic wellbeing</p> <p>Ourselves, growing and changing - transition</p> <p>Consent and boundaries</p>

3	<p>This is our house – Michael Rosen.</p> <p>Meet your brain</p> <p>Places</p>	<p>We're all wonders – RJ Palacio.</p> <p>Places</p> <p>Celebrate</p>	<p>The truth about old people – Elina Ellis.</p> <p>Appreciate</p> <p>Relate</p> <p>Healthy Lifestyles</p> <p>Body parts and privacy</p>	<p>I am Nefertiti – Annemarie Anang and Natelle Quek.</p> <p>Relate</p> <p>Friendships</p> <p>Families and close positive relationships</p>	<p>Shu Lin's Grandpa – Matt Goodfellow and Yu Rong.</p> <p>Engage</p> <p>Communities</p>	<p>Aalfred and Aalbert – Morag Hood.</p> <p>Shared responsibilities</p> <p>Ourselves, growing and changing - grief</p> <p>Ourselves, growing and changing - transition</p> <p>Child to adult</p> <p>Water Safety</p>
4	<p>Red: a crayon's story – Michael Hall.</p> <p>Meet your brain</p> <p>Places</p>	<p>When sadness comes to call – Eva Eland.</p> <p>Places</p> <p>Celebrate</p> <p>Showing respect and managing hurtful behaviour</p> <p>Social Media safety</p>	<p>Julián is a mermaid – Jessica Love.</p> <p>Appreciate</p> <p>Relate</p> <p>First aid</p> <p>Media literacy and digital resilience</p>	<p>My beautiful voice – Joseph Coelho and Allison Colpoys.</p> <p>Relate</p> <p>Safe relationships</p> <p>Preparing for puberty/physical changes</p>	<p>Remixed – Arree Chung.</p> <p>Engage</p> <p>Keeping safe</p> <p>Economic wellbeing</p>	<p>My brother George – Kelly and Zoey Allen.</p> <p>Economic wellbeing</p> <p>Ourselves, growing and changing - transition</p> <p>Puberty/emotional changes</p>
5	<p>The girls – Lauren Ace and Jenny Løvlie.</p> <p>Meet your brain</p> <p>Places</p> <p>Racial Literacy - Helena</p>	<p>The boys – Lauren Ace and Jenny Løvlie.</p> <p>Places</p> <p>Celebrate</p>	<p>And Tango makes three – Justin Richardson and Peter Parnell.</p> <p>Appreciate</p> <p>Relate</p> <p>Healthy lifestyles</p>	<p>My shadow is pink – Scott Stuart.</p> <p>Friendships</p> <p>Families and close positive relationships</p> <p>Puberty/menstruation</p>	<p>Mixed – Arree Chung.</p> <p>Engage</p> <p>Economic wellbeing</p>	<p>Milo imagines the world – Matt de la Peña and Christian Robinson.</p> <p>Economic wellbeing</p> <p>Ourselves, growing and changing - grief</p> <p>Ourselves, growing and changing - transition</p> <p>Puberty/Personal hygiene</p>

6	<p>The island – Armin Greder.</p> <p>Meet your brain</p> <p>Places</p>	<p>Introducing Teddy – Jessica Walton.</p> <p>Places</p> <p>Celebrate</p> <p>Shared responsibilities</p> <p>Communities</p> <p>Showing respectful and managing hurtful behaviour</p> <p>Hormone and emotional changes (recap puberty Year 5)</p>	<p>The proudest blue – Ibtihaj Muhammed and S.K. Ali.</p> <p>Appreciate</p> <p>First aid</p> <p>Drugs, alcohol and tobacco</p> <p>Media literacy and digital resilience</p>	<p>You need to chill! – Juno Dawson.</p> <p>Relate</p> <p>Safe relationships</p> <p>Changes to boys and girls bodies/how to make a baby</p>	<p>You're so amazing! – James and Lucy Catchpole.</p> <p>Engage</p> <p>Be your best</p>	<p>Saving the butterfly – Helen Cooper and Gill Smith/A day in the life of Marlon Bundo – Marlon Bundo and Jill Twiss.</p> <p>Transition programme</p> <p>Railway Safety</p> <p>Loving relationships, consent, making a baby, giving birth</p>
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