# PE Long-Term Overview 2026-27 Cherbourg Primary School

Cherbourg Primary School
We're here to learn!

| Year group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| R | See Year R overview | | | | | |
| 1 | **Gymnastics**<br>Body management, Floor Exercise<br>Key Step Gymnastics (NGB England Gymnastics)<br>Anton Planning<br>Head over Heels<br>**Athletics**<br>Run, jump & throw<br>Introduction to running, throwing and jumping activities<br>Run, Jump, Throw planning (NGB England Athletics)<br>PE Resource library (HH) | **Dance**<br>Fireworks,Toys, Magic<br>Anton Planning<br>iMoves<br>Primary School Dance<br>**Netball/Basketball**<br>Learning the different types of passing, how to receive, creating space and game understanding<br>High 5 planning (NGB planning England Netball)<br>PE Resource library (HH) | **Gymnastics**<br>Vaulting<br>Wall bars<br>Key Step Gymnastics (NGB England Gymnastics)<br>Anton Planning<br>Head over Heels<br>**Tchoukball**<br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br>PE Resource library (HH) | **Badminton**<br>fundamentals of badminton, introducing players to the basic skills needed to play.<br>**Hockey/Tag Rugby**<br>Learning the different types of passing, how to receive, creating space and game understanding<br>learning the different types of passing, how to receive, creating space and game understanding<br>NGB planning (RFU)<br>Quicksticks planning (NGB England Hockey)<br>PE Resource library (HH) | **Volleyball**<br>Skills, Games, Team Building<br>PE Resource library (HH)<br>**Cricket**<br>Introduction to striking & fielding games<br>Including; bowling, batting, scoring rules and throwing/catching<br>Kwik Cricket planning (NGB planning ECB)<br>PE Resource library (HH) | **Dodgeball/ Benchball**<br>Skills, Games, Team Building<br>PE Resource library (HH)<br>**Tennis**<br>Net / wall activities: Tennis<br>Introduction to racket and ball skills, sending the ball, catching and movements<br>Tennis On Your Terms (NGB planning LTA)<br>PE Resource library (HH) |

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| **2** | **Gymnastics**<br><br>Body management, Floor Exercise<br><br>Key Step Gymnastics (NGB England Gymnastics)<br><br>Anton Planning<br><br>Head over Heels<br><br>**Athletics**<br><br>Run, jump & throw<br><br>Introduction to running, throwing and jumping activities<br><br>Run, Jump, Throw planning (NGB England Athletics)<br><br>PE Resource library (HH) | **Dance**<br><br>Great Fire of London, Space, Monsters/Dragons, Commotion in the Ocean<br><br>Anton Planning<br><br>iMoves<br><br>Primary School Dance<br><br>**Netball/Basketball**<br><br>Learning the different types of passing, how to receive, creating space and game understanding<br><br>High 5 planning (NGB planning England Netball)<br><br>PE Resource library (HH) | **Gymnastics**<br><br>Vaulting,Shape and Balance, Wall Bars<br><br>Key Step Gymnastics (NGB England Gymnastics)<br><br>Anton Planning<br><br>Head over Heels<br><br>**Tchoukball**<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>PE Resource library (HH)) | **Badminton**<br><br>fundamentals of badminton, introducing players to the basic skills needed to play.<br><br>England Badminton<br><br>**Hockey/Tag Rugby**<br><br>Learning the different types of passing, how to receive, creating space and game understanding<br><br>learning the different types of passing, how to receive, creating space and game understanding<br><br>NGB planning (RFU)<br><br>Quicksticks planning (NGB England Hockey) | **Volleyball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Cricket**<br><br>Introduction to striking & fielding games<br><br>Including; bowling, batting, scoring rules and throwing/catching<br><br>Kwik Cricket planning (NGB planning ECB)<br><br>PE Resource library (HH) | **Dodgeball/ Benchball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Tennis**<br><br>Net / wall activities: Tennis<br><br>Introduction to racket and ball skills, sending the ball, catching and movements<br><br>Tennis On Your Terms (NGB planning LTA)<br><br>PE Resource library (HH) |

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| **3** | **Gymnastics**<br><br>Body management, Floor Exercise, Vaulting, Wall bars<br><br>Key Step Gymnastics (NGB England Gymnastics)<br><br>Anton Planning<br><br>Head over Heels<br><br>**Athletics**<br><br>Learning the different types of throws, jumps and running<br><br>Run, Jump, Throw planning (NGB England Athletics)<br><br>PE Resource library (HH) | **Badminton**<br><br>Fundamentals of Badminton<br><br>England Badminton<br><br>**Netball/Basketball**<br><br>Learning the different types of passing, how to receive, creating space and game understanding<br><br>High 5 planning (NGB planning England Netball)<br><br>PE Resource library (HH) | **Dance**<br><br>Rock and Roll, Romans, Video Games<br><br>Anton Planning<br><br>iMoves<br><br>Primary School Dance<br><br>**Tchoukball**<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>PE Resource library (HH) | **Volleyball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Hockey/Tag Rugby**<br><br>Learning the different types of passing, how to receive, creating space and game understanding<br><br>learning the different types of passing, how to receive, creating space and game understanding<br><br>NGB planning (RFU)<br><br>Quicksticks planning (NGB England Hockey) | **Dodgeball/Swimming**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Cricket**<br><br>Bowling, batting, throwing, catching and game understanding<br><br>Kwik Cricket planning (NGB planning ECB)<br><br>PE Resource library (HH) | **Dodgeball/Swimming**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Tennis**<br><br>Net/wall – Tennis<br><br>Forehand and backhand shots, rally's, footwork patterns, body position and shape, Serving<br><br>Tennis On Your Terms (NGB planning LTA)<br><br>PE Resource library (HH) |

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| **4** | **Dance/Swimming**<br><br>Jungle , Africa, Weather , Ancient Egyptians<br><br>Anton Planning<br><br>iMoves<br><br>Primary School Dance<br><br>**Athletics**<br><br>Learning the different types of throws, jumps and running<br><br>Run, Jump, Throw planning (NGB England Athletics)<br><br>PE Resource library (HH) | **Dance/Swimming**<br><br>Jungle , Africa, Weather , Ancient Egyptians<br><br>Anton Planning<br><br>iMoves<br><br>Primary School Dance<br><br>**Netball/Basketball**<br><br>Learning the different types of passing, how to receive, creating space and game understanding<br><br>England Badminton<br><br>High 5 planning (NGB planning England Netball)<br><br>PE Resource library (HH) | **Gymnastics**<br><br>Body management, Floor Exercise, wall bars<br><br>Key Step Gymnastics (NGB England Gymnastics)<br><br>Anton Planning<br><br>Head over Heels<br><br>**Tchoukball**<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>PE Resource library (HH) | **Badminton**<br><br>Fundamentals of Badminton<br><br>England Badminton<br><br>**Hockey/Tag Rugby**<br><br>Learning the different types of passing, how to receive, creating space and game understanding<br><br>learning the different types of passing, how to receive, creating space and game understanding<br><br>NGB planning (RFU)<br><br>Quicksticks planning (NGB England Hockey) | **Dodgeball/ Benchball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Cricket**<br><br>Bowling, batting, throwing, catching and game understanding<br><br>Kwik Cricket planning (NGB planning ECB)<br><br>PE Resource library (HH) | **Volleyball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Tennis/ Rounders**<br><br>Net/wall – Tennis<br><br>Forehand and backhand shots, rally's, footwork patterns, body position and shape, Serving<br><br>Tennis On Your Terms (NGB planning LTA)<br><br>PE Resource library (HH) |

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| **5** | **Dodgeball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Athletics**<br><br>Run, jump & throw<br><br>Using different types of running, jumping and throwing to compete and create mastery<br><br>Run, Jump, Throw planning (NGB England Athletics)<br><br>PE Resource library (HH) | **Badminton**<br><br>Focus on building upon existing knowledge of the fundamentals as well as introducing players to key shots to enable more tactical play.<br><br>England Badminton<br><br>**Basketball**<br><br>Basketball<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>Teaching and Coaching Basketball (NGB planning Basketball England)<br><br>PE Resource library (HH) | **Dance/Swimming**<br><br>Ancient Greece, Monsters, Green Planet<br><br>**Tchoukball**<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>PE Resource library (HH) | **Dance/Swimming**<br><br>Ancient Greece, Monsters, Green Planet<br><br>**Handball**<br><br>PE Resource library (HH) | **Gymnastics**<br><br>Body management, Wall Bars, Vaulting, Floor Exercise<br><br>Key Step Gymnastics (NGB England Gymnastics)<br><br>Anton Planning<br><br>Head over Heels<br><br>**Cricket**<br><br>Use bowling, batting, throwing, catching and game understand effectively in games and competitively<br><br>Kwik Cricket planning (NGB planning ECB)<br><br>PE Resource library (HH) | **Volleyball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Tennis/ Rounders**<br><br>Net/wall – Tennis<br><br>Use the different shots, footwork patterns, serves and body positioning and shape to compete in games.<br><br>Tennis On Your Terms (NGB planning LTA)<br><br>PE Resource library (HH) |

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| **6** | **Dodgeball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Athletics**<br><br>Run, jump & throw<br><br>Using different types of running, jumping and throwing to compete and create mastery<br><br>Run, Jump, Throw planning (NGB England Athletics)<br><br>PE Resource library (HH) | **Gymnastics**<br><br>Body management, Floor Exercise, Wall bars<br><br>Key Step Gymnastics (NGB England Gymnastics)<br><br>Anton Planning<br><br>Head over Heels<br><br>**Basketball**<br><br>Basketball<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>Teaching and Coaching Basketball (NGB planning Basketball England)<br><br>PE Resource library (HH) | **Dance**<br><br>World War 2, Street<br><br>Anton Planning<br><br>iMoves<br><br>Primary School Dance<br><br>**Tchoukball**<br><br>Use passing, receiving, shooting and creating space skills effectively in game competitively<br><br>PE Resource library (HH) | **Badminton**<br><br>focus on building upon existing knowledge of the fundamentals as well as introducing players to key shots to enable more tactical play.<br><br>England Badminton<br><br>**Handball**<br><br>PE Resource library (HH) | **Volleyball**<br><br>Skills, Games, Team Building<br><br>PE Resource library (HH)<br><br>**Cricket**<br><br>Use bowling, batting, throwing, catching and game understand effectively in games and competitively<br><br>Kwik Cricket planning (NGB planning ECB)<br><br>PE Resource library (HH) | **OAA**<br><br>Inclusive Sports<br><br>**Tennis/ Rounders**<br><br>Net/wall – Tennis<br><br>Use the different shots, footwork patterns, serves and body positioning and shape to compete in games.<br><br>Tennis On Your Terms (NGB planning LTA)<br><br>PE Resource library (HH) |